



# Wolf Weekly

Week of December 4 - 8, 2023

*Welcome to the wolves den be prepared to run with the pack*

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## *St. Francis News*

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### *December Newsletter*

#### **Important Dates - December 2023**

- December 3 First Sunday of Advent - HOPE (light a purple candle)
- December 4 Term 1 Honour Roll Certificates
- December 4 Grade 9 Mock Interviews
- December 5 Grade 9 SKILLS Canada
- December 6 Grade 8 Presentation - conversation about vaping
- December 6 Grade 9 Mock Interviews
- December 6 EDGE Gr. 9 Leaders Prep Night
- December 7 Advent Liturgy @ STF
- December 8 NO SCHOOL - Staff Faith Day
- December 10 Second Sunday of Advent - PEACE (light the 2nd purple candle)
- December 12 National Day of Prayer in solidarity with Indigenous Peoples
- December 12 Grade 9: Red Deer Energy Innovation Day



- December 13 EDGE - Youth Ministry (Christmas Extravaganza Night)
- December 14 School Council Hosting a FAMILY MOVIE NIGHT - all STF families welcome
- December 17 Third Sunday of Advent - JOY (light the pink candle)
- December 22 Last Day of Classes before Christmas Break
- December 23- January 7 CHRISTMAS BREAK
- January 8 School Resumes

### Term 1 Honor Roll

## HONOUR ROLL

Certificates will be handed out this week for those students who received honors or honors with distinction for term 1.

## *Schoology for parents 101*



*Save the date - Family Christmas Movie Night - Dec 14 @ 6:00 pm* 🍿

Good luck





We wish our grade 9 students good luck as they go for their mock interviews on Monday Dec 4 and Wednesday Dec 6.

### Ski Club

Ski Club registration starts on **Friday, December 1, 2023**. Log into your powerschool parent portal, then look for school fees/forms to access the ski club registration. [Ski Club Letter 2024](#)

**Ski Club dates are as follows:**

Wednesday, January 17, 2024  
Wednesday, January 31, 2024  
Wednesday, February 14, 2024  
Wednesday, February 28, 2024  
Wednesday, March 6, 2024



Division Faith Day  
No School  
Friday, December 8



*Wolves Athletics*

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## Junior Basketball Tryout

### Junior Girls:

Mon. Dec 4 @ 3:45 p.m.

Tues. Dec 5 @ 7:15 a.m.

Wed. Dec 6 @ 3:45 p.m.

Thurs. Dec 7 @ 7:15 a.m.



### Junior Boys:

Mon. Dec 4 @ 7:15 a.m.

Tues. Dec 5 @ 3:45 p.m.

Wed. Dec 6 @ 7:15 a.m.

Thurs. Dec 7 @ noon

**Junior tryouts are open to Grade 7 & 8 students only**

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## Faith News

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### Sacraments

The sacraments are pivotal and meaningful events in a person's journey of faith. Preparing and celebrating the sacraments deepen the faith of children and youth, and of the families, those involved in preparing them—including the sponsors—the Catholic school community and all Christ's faithful in a given territory (parish). For more information on sacramental preparation, please see [our Parishes](#)



### Faith Fact

Did you know that each Friday, we are focusing on faith facts? In October and November, we focused on our patron saint, St. Francis, and learned about his life and how he turned to a life devoted to God.

In December, our focus is on the Advent season. Here are examples of what we learned this Friday:

#### December 1

- Did you know that this Sunday is the start of the Advent season in our liturgical calendar?
  - On Monday, we will light one purple candle, which represents Hope. We are hoping and anticipating the coming of Jesus Christ. The colour purple for three of the candles signifies a time of prayer, penance, and sacrifice.
  - The wreath itself reminds us of the immortality of our souls and God's promise of everlasting life through Jesus.
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# Community Information

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**SPARC RED DEER 'PAINT THE TOWN POSITIVE'  
IS BACK!**

## **CONNECTING GENERATIONS**

*an opportunity for youth to spread kindness by  
sharing a KIND message with a local senior.*

**Are you 13 to 17?  
Interested in participating in a kindness project?  
Join us December 5th at 4:30pm.**

**For more information, and to sign up  
by November 24th, go to  
[www.sparcreddeer.ca](http://www.sparcreddeer.ca)  
under the Events Tab.**

The goal of Paint the Town Positive is to have a youth driven chapter of SPARC Red Deer. The idea is for youth to give back and spread kindness in the community through various projects and initiatives that are designed and created by them.

Why become involved?

Practicing kindness gives hope, it's heartwarming, gives us a sense of purpose, reduces stress, and improves well-being overall.



# Wellness Exchange Free Workshops



**Who:** Any adult interested in improving their skills to cope with change, manage daily stressors, and increase their overall well-being.

**What:** Five different skill-building workshops - one topic per workshop. Attend any topic that interests you or attend all five.

**Where:** Red Deer Public Library, Downtown Branch, Snell Auditorium, 4818 49 St, Red Deer, AB T4N 1T9.

**When:** Each workshop runs from 5:30 p.m. to 6:45 p.m.

Jan 8: Problem Solving  
Jan 15: Positive Activities  
Jan 22: Managing Reactions  
Jan 29: Helpful Thinking  
Feb 5: Healthy Connections

To register: click [here](#)

or us this QR Code



Workshops are facilitated by AHS staff in partnership with community agencies. Workshops are not group therapy nor are they a substitute for the advice of a qualified health professional. For more information, [rania.page@ahs.ca](mailto:rania.page@ahs.ca)

## STUFF A BUS



Blackfalds FCSS, Beyond Food Community Hub/Blackfalds Food Bank, & Red Deer Catholic Regional Schools are partnering with local grocery stores IGA & Buy Low Foods to Stuff a Bus in support of the Blackfalds Food Bank!

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## CANADIAN HOLIDAY TRAIN Schedule for Dec. 4 - 9, 2023

Date	Arrival	Event Time	City/Town	Address	Performers
Dec. 4	11:15 a.m.	11:30 a.m. - 12:00 p.m.	Portage La Prairie, Man.	Opposite Centennial Arena, 390 - 1st Street	Anyway Gang
	2:35 p.m.	2:45 p.m. - 3:15 p.m.	Neepawa, Man.	CPKC Railway Station between Moutain Avenue and Currie Avenue	Anyway Gang
	4:00 p.m.	4:15 p.m. - 4:45 p.m.	Minnedosa, Man.	West of CPKC Station, North side of rail yard (30 - 2nd Avenue NW)	Anyway Gang
	7:15 p.m.	7:30 p.m. - 8:00 p.m.	Shoal Lake, Man.	Gravel lot adjacent gran elevator on North Railway Avenue	Anyway Gang
Dec. 5	10:30 a.m.	10:30 a.m. - 11:00 a.m.	Brendenburg, Sask.	CPKC train station - 520 Railway Avenue	Anyway Gang
	12:05 p.m.	12:15 p.m. - 12:45 p.m.	Yorkton, Sask.	Livingstone Street and 4 Avenue S	Anyway Gang
	2:55 p.m.	2:55 p.m. - 3:30 p.m.	Foam Lake, Sask.	Railway Avenue, beside the hockey rink	Anyway Gang
	4:15 p.m.	4:30 p.m. - 5:00 p.m.	Wynyard, Sask.	CPKC train station - Avenue A and Bosworth Street	Anyway Gang
	8:35 p.m.	8:45 p.m. - 9:15 p.m.	Saskatoon, Sask.	CPKC railway overpass on 7th Avenue N (corner of Warburton and 7th Avenue N)	Anyway Gang
Dec. 6	1:15 p.m.	1:30 p.m. - 2:00 p.m.	Wilkie, Sask.	CPKC train station on 1st Avenue in station parking lot	Anyway Gang
	4:35 p.m.	4:45 p.m. - 5:15 p.m.	Macklin, Sask.	Field adjacent to railway track at Press Avenue and Leader Street	Anyway Gang
	5:55 p.m.	6:00 p.m. - 6:30 p.m.	Provost, Alta.	Field adjacent to railway tracks at 50th Avenue and 46th Street	Anyway Gang
	9:00 p.m.	9:15 p.m. - 9:45 p.m.	Hardisty, Alta.	East end of CPKC railway yard (west of HWY 881 overpass)	Anyway Gang
Dec. 7	1:05 p.m.	1:15 p.m. - 1:45 p.m.	Camrose, Alta.	52 Avenue and 50th Street - Next to Moose Family Centre in open field adjacent to rail track	Anyway Gang
	3:25 p.m.	3:30 p.m. - 4:00 p.m.	Wetaskiwin, Alta.	CPKC ES Building 4009 50th Street	Anyway Gang
	5:00 p.m.	5:15 p.m. - 5:45 p.m.	Ponoka, Alta.	50th Street and 47 Avenue	Anyway Gang
	6:50 p.m.	7:00 p.m. - 7:30 p.m.	Lacombe, Alta.	Len Thompson Fish Pond	Anyway Gang
	8:05 p.m.	8:15 p.m. - 8:45 p.m.	Blackfalds, Alta.	CPKC tracks at Gregg Street between Broadway Avenue and East Avenue	Anyway Gang
Dec. 8	12:45 p.m.	12:55 p.m. - 1:25 p.m.	Innisfail, Alta.	50 Street railway crossing	Anyway Gang
	2:20 p.m.	2:30 p.m. - 3:30 p.m.	Olds, Alta.	50th Street level railway crossing	Anyway Gang
	3:30 p.m.	3:45 p.m. - 4:15 p.m.	Didsbury, Alta.	CPKC tracks, 20th Street and 18th Avenue	Anyway Gang
	5:15 p.m.	5:45 p.m. - 6:15 p.m.	Airdrie, Alta.	Nose Creek Park, 1641 Main Street	Anyway Gang
Dec. 9	5:45 p.m.	6:00 p.m. - 6:45 p.m.	Calgary, Alta.	Anderson C-Train Station south parking lot	Anyway Gang

# LIVING JOY:

A Parent's Night with Chris Stefanick

**NO  
CHARGE**



**Thursday, December 7<sup>th</sup>, 7:00 - 8:00 pm**  
**St. Mary's Parish, Red Deer**





Red Deer Catholic School Division is proud to host an evening with Chris Stefanick for parents and parishioners.

Chris Stefanick is an internationally acclaimed author, speaker, and television host who has devoted his life to inspiring people to live a bold, contagious faith. Chris will be speaking on the ways we can live the Joy of our Faith.

Every success in life is meaningless without joy. Joy is God's dream for you. Heaven is called a "wedding banquet." And Jesus' whole mission was to share that joy with you. He said it himself. "I've told you these things so my joy may be in you." Think about that. The joy of GOD in YOU. The experience of that eternal joy starts now. And it doesn't start with a change in your circumstances but a change in you. Make living joy a part of your Advent journey this year, and join Chris at St Mary's Parish on December 7th at 7-8pm as he shares the ways we can build new habits, change our thinking, and live a more joyful life.

A bit more about Chris:

Recipient of the Papal Benemerenti Medal, Archbishop Charles J. Chaput calls Chris "one of the most engaging defenders of the Christian faith on the scene today." Chris's live seminars reach more than 85,000 people per year. His reality TV show, videos, and radio spots reach millions of people, and his educational initiatives are turning the tide in the Church. He authored the Chosen Confirmation program which has already formed more than 500,000 teens.

A graduate of Franciscan University of Steubenville, Chris is also the founder and president of Real Life Catholic, a non-profit which operates as the headquarters for Chris's various initiatives. Above all, Chris is proud to be the husband to his wife Natalie and father to their six children.

You can visit Chris's website at <https://reallifecatholic.com/about-chris-stefanick/>



**St. Francis of Assisi Middle School**

STF

